

Travel Clinic Certificate Instruction

Only for internships in Asia, Central America, South America, and Africa

This is required for internships in the following locations:

Argentina, Mainland China, Colombia, Costa Rica, Ecuador, Hong Kong, India, Japan, Korea, Saudi Arabia, Senegal, Singapore, Thailand, and Vietnam.

While students participating in internships in Australia, Canada, or Western Europe are not required to complete this form, we recommend you make an appointment with the Travel Clinic if you are not updated on routine immunizations (MMR, DTP, tetanus, etc.) or have any particular health concerns. You can look up the health information about specific countries on the [CDC Traveler website](#).

Instructions for completing the Travel Clinic Certificate:

- Step 1: Print out the Travel Clinic Certificate, available on page 2 of this document.

- Step 2: Complete a **Pre-Travel Worksheet** and **My Duck Health History** (see instructions on page 3 of this document).

- Step 3: Make an appointment by calling the University Health Center at 541-346-2739.

 We recommend you make an appointment right away as appointments get booked up very quickly during Spring term.

- Step 4: Bring your Travel Clinic Certificate to your appt, and have it signed by a Travel Nurse.

- Step 5: Return signed certificate to 110 Gerlinger Hall.

TRAVEL CLINIC CERTIFICATE

Students who are planning to intern abroad in specific countries are **required** to visit the UO Student Health Center's Travel Clinic the term prior to their departure. It is critical that you be aware of health and safety conditions in the country where you will intern and the health requirements you may need to meet to obtain a visa (such as immunizations, HIV or TB testing, etc.).

The UO Travel Clinic will:

- Provide you with an individualized portfolio of up-to-date health information.
- Review your travel itinerary, previous immunizations, and individual health needs.
- Advise you about recommended immunizations.
- Issue you an official World Health Organization immunization record.
- Provide information and prescriptions for diarrhea, malaria, and other conditions.
- Advise travelers who have on-going health problems or allergies.
- Advise you about the prevention and treatment of illnesses which may develop while traveling.
- Recommend a traveler's "first-aid" kit, which can be purchased through the pharmacy.

Appointment and Fees:

The Student Health Center is located on the corner of 13th Street and Agate Street. Please remember complete the Pre-Travel Worksheet before you call for your appointment.

Currently enrolled students are assessed a small fee for this service. In addition, please be aware that vaccinations can be very expensive. You should be prepared to pay for these vaccinations before you leave the country.

This form should be signed by the nurse. You will need to return the signed form to the GlobalWorks Office in 110 Gerlinger Hall after your appointment.

Name of Student (Please print)

UO Student Number

Program/Country

Term/Year

I certify that the above named student visited the Student Health Center Travel Clinic.

Signature of Student Health Center Personnel

Date

Please note: The Travel Clinic Certificate, and other required forms, must be submitted to the address below.

Global Studies Institute, 110 Gerlinger Hall,
University of Oregon, Eugene, OR 97403-1246
541-346-5088

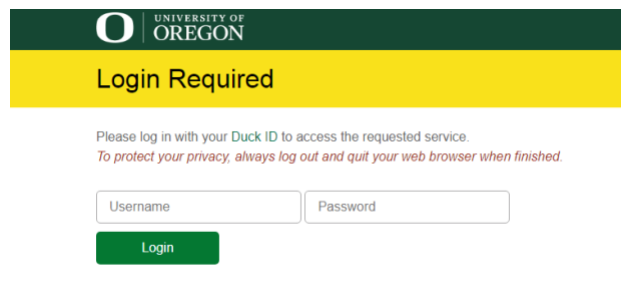
How to Complete a Pre-Travel Worksheet

1. Go to your University Health Center myUOHealth Student Portal:

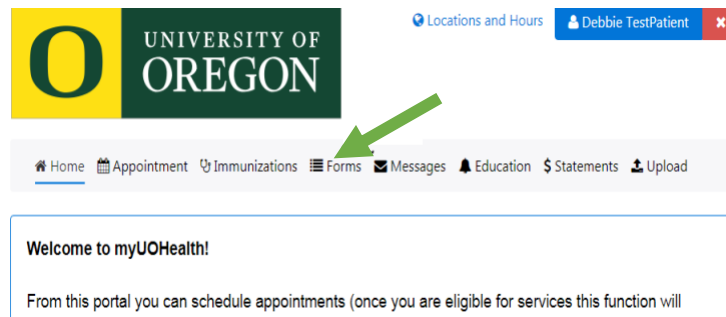
<https://health.uoregon.edu/myUOHealth>



2. Log in with Duck ID and Password.

The screenshot shows the login page of the myUOHealth portal. It has a green header with the University of Oregon logo. Below the header is a yellow banner that says 'Login Required'. The main content area has a white background with a message: 'Please log in with your Duck ID to access the requested service. To protect your privacy, always log out and quit your web browser when finished.' Below this message are two input fields: 'Username' and 'Password'. A green 'Login' button is positioned below the 'Username' field.

3. Click on “Forms” Tab.



4. Scroll down to Patient Form complete both the Duck Health History and the Pre-Travel Worksheet

Patient Form

My Duck Health History*

*Required Form - Please fill this out in advance of your appointment at the University Health Center

Pre-Travel Worksheet

5. Complete Form – Red asterisk is a required field.

Pre-Travel Worksheet

INSTRUCTIONS:
Please fill in the entire pre-travel worksheet. Your consultation will be specifically tailored to your itinerary. The more details you can provide regarding your itinerary, the better we can prepare you for a safe and healthy travel experience.

Purpose of Travel: *

Program Name: *

Country of Birth: *

6. Leave the bottom section blank - UHC Staff will complete. Hit Submit.

*** UHC OFFICE USE ONLY ***

Nurse Appointment Date/Time:

Provider Physical Appointment Scheduled with and Date:

Submit

7. Call 541-346-2739 to make appointment. Note: Your online pre-travel worksheet must be completed before you will be able to make an appointment.
8. Bring in a hardcopy of the Travel Clinic Certificate form (page 2) with you.
9. Return the signed form at 110 Gerlinger Hall.

If you are unable to complete the forms in the University Health Center portal, contact GlobalWorks at globalworks@uoregon.edu.

IMPORTANT: Appointment slots fill up quickly. Complete steps 1-7 as soon as possible.